



Dear EMDR members

We are having our AGM on 8 November 2019 during lunchtime at the EMDR NZ conference. During the AGM we will be electing the board members. While we have a number of board members who are restanding for election, both Tom Flewett, Vice Chairperson, and I are standing down as we have both held roles within the board for several years now and it is an opportunity for a fresh perspective in those roles. We also still have the Secretary position that has not been filled.

The EMDR NZ board came into being in 2014 due to a desire to have an organisation that represents NZ practitioners at an international level. Our primary function is to develop standards and processes consistent with the expectations of EMDR Asia, our international representative body, but we also recognise the New Zealand context within which we operate. The board is also involved in approving certain trainings, approving accredited clinicians and consultants, resolving EMDR related issues on a national and international front, and ensuring that New Zealand is recognised as having a distinct perspective when compared to other countries within EMDR Asia.

We meet monthly through an online meeting which is usually 90 minutes long. Outside those meetings individuals may be required to respond to emails, comment on draft proposals or letters, be involved in small sub- committees or working groups to address key issues, or complete tasks as required for any formal role they take on. Commitments outside of the meetings are variable but are generally not onerous as our board has worked extremely hard over the last five years to put in place almost all required policies.

If you chose to put your name forward as a possible board member you will have the opportunity to make a meaningful contribution to the field of EMDR within NZ. You will also learn a great deal about the wider EMDR community and the international environment in which we operate. As such, members of all levels of experience in EMDR are welcome to be nominated as board members. It is not your proficiency in EMDR that is key, but rather your enthusiasm to be involved in advancing the practise of EMDR in NZ.

If you have any questions please don't hesitate to contact me by emailing our enquiries email on the EMDR NZ website.

Very best wishes, and I hope to see many of you in November.

Marie Young

Chairperson
EMDRNZ

